

# **Explanation of Benefits**

## SAVERS 10K

Since 1986, United States Managing General Underwriters (USMGU) has been proud to provide our clients with affordable health benefits, quick and personalized customer service, and professional guidance for you and your medical care. We are the experts in the medical insurance industry, and we're here to help you navigate your options.

# A Smarter Way To Get Health Benefits

## MORE COMPREHENSIVE BENEFITS



## PLANS INCLUDE PERKS LIKE



- Preventive care at no extra cost
- + Employee assistance programs
- + Telehealth and mental health services
- + Better rates on bundled dental and vision

# USMGU PLANS ARE CUSTOMIZED TO YOUR BUDGET

Our plans are Major Medical Comprehensive plans, which provide true medical coverage.



#### **Control Your Healthcare Costs**

We believe controlling your healthcare costs is the most important task we perform. This allows us to pay claims within 25 days of receiving all required billing and level your premiums year



### **Significant Pharmacy Savings**

You also become a member of Shield Pharmacy Benefits, which delivers quantifiable savings—typically \$1,000 to \$1,800 per person annually.

Choosing the right plan is about finding the best fit for your life, and USMGU is here to help.

# Nation's Largest Network for Outpatient Care

For outpatient care, you become a member of the Multi-Plan PHCS Network, the nation's largest and most comprehensive independent PPO network. It offers access in all 50 states and includes more than 700,000 healthcare professionals, 4,500 hospitals, and 70,000 ancillary care



# YOUR CHOICE OF HOSPITAL, NOT A NETWORK

Take control of your medical care! You get to choose the hospital where you receive treatment, not a network. Our team will provide savings that equal 40% to 65% of in-hospital charges.

#### Important Facts to Consider

When you're deciding on a medical plan, keep these facts in mind:

- ➡ The average person does not meet their full deductible. Studies show that only about 10-20% of enrollees meet their full annual deductible in a given year. The other 80-90% pay some out-of-pocket but don't max it out.
- The average person is not hospitalized each year.
  Only about 3-4% of the general population enters
  the hospital annually. For children, it's around 2-3%
  per year.

#### TWO TYPES OF CARE

Your medical care is divided into two types:

In-Hospital Care

Out Patient Care

Your deductible does not apply to your most common out-patient treatments.



TMJ



# MAJOR MEDICAL OVERVIEW

Savers 10K			
In-Network Services			
Primary Care	\$30 co-pay per visit 100% thereafter		
Telemed Visit	\$0 with www.1800md.com		
Specialist	\$75 co-pay per visit 100% thereafter		
Mental Health	\$60 co-pay per visit 100% thereafter		
Substance Abuse	\$60 co-pay per visit 100% thereafter		
Diagnostic Testing Doctors Office, Lab, X-rays & Imaging	\$30 co-pay per visit 100% thereafter		
Hospital Emergency Room	\$600 co-pay per visit for facility		
	\$600 co-pay per visit for physician Copays waived if admitted directly to the Hospital from the Emergency Room.		
Urgent Care Visits	\$60 co-pay per visit 100% thereafter		
In-Network Sup	plimental Services		
In Network Facility - Lab, X-rays & Imaging (e.g., MRI, MRA, PET, CT)	\$400 co-pay per visit (limit 20 visits per plan year)		
Occupational Therapy	50% per visit (limit 20 visits per plan year)		
Physical Therapy	50% per visit (limit 20 visits per plan year)		
Speech Therapy	50% per visit (limit 10 visits per plan year)		
Private Duty Nurse	50% per visit (limit 15 visits per plan year)		
Non-Surgical Treatment of the Spine	\$1,000 Maximum plan year benefit		

In-Network Allergy Treatments	
Testing and Injections	\$30 co-pay per visit (limit 10 visits per plan year)
Serum	\$100 co-pay per visit (limit 10 visits per plan year)

	(illilit to visits per plan year)		
Prescriptions			
Prescription Drugs	\$20/\$50/\$80/50%		
Generic/Formulary/Non-Formulary Drugs/Specialty Drugs	2 times Mail-Order; SEE NOTE*		

<sup>\*</sup> Prescription Drugs - You pay the difference if a generic is available, even if doctor requested otherwise. Drugs subject to Cigna programs for Prior Authorization, Step Therapy and Exclusive Specialty Copays shown are per prescription, mail-order copay is two times for a 90-day supply.

50% per visit - \$1,000 Maximum Benefit



# MAJOR MEDICAL OVERVIEW

DEDUCTIBLE APPLIED		
Plan Year Deductible	es	\$10,000 Individual \$20,000 Family
Out-of-Pocket Maximum (Non-PPO providers do not satisfy the PPO provider Out-of-Pocket)		\$15,000 per Individual \$30,000 per Family
Co-Insurance You pay 50% of the cost 100% of the remaining co	until you have paid your out-of-pocket maximum, after paying thosts.	e maximum out of pocket amount this plan covers
In-Patient Hospital Se	ervices You choose your hospital	50% after Deductible
Medical Services and	facility	50% after Deductible
Anesthesiologist and Surgeon Fees (Assistants at 20% of Primary)		50% after Deductible
Mental Health and S	ubstance Abuse	50% after Deductible
Out-Patient Surgical and Diagnostic	Includes outpatient services, miscellaneous medical procedures, supplies, diagnostic & therapeutic procedures and surgery at a physician's office, freestanding surgery center, or hospital (when approved).	50% after Deductible
Facility Charges		50% after Deductible
Durable Medical Equ	ipment	50% after Deductible
Epidural Injections		50% after Deductible (limit 10 visits per plan year)
Home Health		50% after Deductible (limit 50 visits per plan year
Ambulance - Ground		50% after Deductible
Ambulance - Air		Deductible, then covered at 50% Limit \$7,500 maximum per trip for air ambulance

Network Providers have agreed to accept the Maximum Allowable Charge (MAC) as payment in full. Please refer to your Summary Plan Description (SPD) for details. The SPD is the final determination of all benefits.

Non-Network providers and Care are not covered benefits for out-patient care. You must be in-network to receive benefits for out-patient treatment and medical care.

In-Hospital Benefits are provided for any eligible benefits without a net-work provider required. You choose the hospital to receive medical care.

**Pre-Certification Penalty:** Certain procedures or medical care require pre-certification in order to qualify for full benefits. Failure to pre-certify will result in a \$400 penalty per service, procedure or confinement. Please refer to the Pre-Certification section in your SPD for details.

**Emergency Admissions Penalty:** In the case of an Emergency Admission, the member must call the toll-free number listed on the medical identification card within 48 hours after admission or on the next

Copayments: Copayment does not apply towards deductibles or coinsurance but does apply to maximum out-of-pocket limits

Please Note: This schedule applies as indicated in the SPD. This schedule must be read in conjunction with the entire Summary Plan Description and has no full meaning by itself.

This schedule must be read in conjunction with the entire Summary Plan

Description and has no full meaning by itself.



Plan Year Deductible  An individual with family coverage will only be required to meet the individual deductible amount before the coinsurance begins. Deductible does not apply to Preventue Care Provisions. Eligible claims incurred in the PPO.  Coinsurance  Coinsurance is the share of the cost of a covered service, calculated as a percent of the allowed amount of the service.  All allowed amount of the service.  All allowed amount of the service are the dividual with family coverage will only be required to meet the individual with family coverage will only be required to meet the individual with family coverage will only be required to meet the individual with family coverage will only be required to meet the individual with family coverage will only be required to meet the individual with family coverage will only be required to meet the individual power of the coverage preventive apply to the Out-of-Pocket Maximum.  Preventable Care  In-Network charges for preventive care services coverage are at no cost sharing. Out-of-Network preventive care is not covered. Gost sharing may apply if a specific provide a provide a for non-preventive care services coverage are at no cost sharing. Out-of-Network preventive care is not covered. Gost sharing may apply if a specific provide and the provided coverage are at no cost sharing may apply if a specific provided and the provided coverage are at no cost sharing may apply if a specific provided and provided and an activity of the provided coverage are at no cost sharing may apply if a specific provided and provided charges for diagnostic, surgical, or medical procedures performed by the physician for time spent with the patient. Office visits on not include charges for diagnostic, surgical, or medical procedures are supplied.  Includes outpatient services, miscellaneous medical procedures & supplied.  Includes outpatient services, miscellaneous medical procedures, and surgery with a physician's office, freestanding surgery center. Or hospital (when approved).  Urgent care		
Dut-of-Pocket Maximum  Out-of-Pocket Maximum An individual with family coverage will only be required to meet the individual out-of-pocket maximum. Englishe claims incurred in the PPO Network apply to the Out-of-Pocket Maximum. An individual with family coverage will only be required to meet the individual out-of-pocket maximum. Englishe claims incurred in the PPO Network apply to the Out-of-Network out-of-Pocket Maximum. Displace talms incurred in the PPO Network apply to the Out-of-Network out-of-Pocket Maximum. Displace talms incurred in the PPO Network charges for preventive care services coverage are at no cost sharing. Out-of-Network out-of-Pocket Maximum.  In Network charges for preventive care services coverage are at no cost sharing. Out-of-Network preventive care services. Although not required under the law, this plan pays for Prostatic/Testicular exams.  Out-Patient Office Visits  Primary Care  Specialist  Mental Health  Mental Health and Substance Abuse coverage excludes counseling for behavioral disorders.  Independent Diagnostic Testing Facility  Xerge & Advanced Imaging (e.g., Midl, Midl, PET, CT)  Out-Patient Surgical and Diagnostic  Includes outpatient services, miscellaneous medical procedures & supplies, diagnostic, therefore the physician's office, freestanding surgery center, or hospital (When approved).  Emergency Services  Hospital Emergency Room  Urgent care Visits  Ambulance - Air  Urgent care visits include charges for diagnostic, surgical or medical procedures.  Ambulance - Ground  Ambulance - Ground - Ground - Ground - Ground - Ground - Ground - Groun	Plan Year Deductible	deductible amount before the coinsurance begins. Deductible does not apply to
apply to the Out-of-Pocket Maximum. An individual with family coverage will only be required to meet the individual out-of-pocket maximum. Eligible claims incurred in the PPO Network apply to the Out-of-Network Out-of-Pocket Maximum.  In Network Cut-of-Network eligible claims do NOT apply to the PPO Network Qut-of-Pocket Maximum.  In Network charges for preventive care services coverage are at no cost sharing. Out-of-Network preventive care is not covered. Cost sharing may apply if a specific service is for non-preventive care (event if billed in conjunction with preventative care services). Although not required under the law, this plan pays for Prostatic/Testicular exams.  - Out-Patient Office Visits - Primary Care - Substance Abuse - Mental Health - Mental Health - Mental Health and Substance Abuse coverage excludes counselling for behavioral disorders.  - Independent Diagnostic Testing Facility - X-rays & Advanced Imaging (e.g., MR, MRA, PET, CT) - Out-Patient Surgical and Diagnostic  - Medical Services - Facility Charges - Includes outpatient services, miscellaneous medical procedures & supplies, diagnostic & therapeutic procedures and surgery at a physician's office, freestanding surgery center, or hospital (when approved).  - Emergency Services - Hospital Emergency Room - Urgent care Visits - Urgent care visits include charges for diagnostic, surgical or medical procedures Primary Care - Primary Ca	Coinsurance	,
Preventative Care  Out-Of-Network preventive care (executive care is not covered. Cost sharing may apply if a specific services is for non-preventive care (executive stor for fibilied in conjunction with preventative care services.) Although not required under the law, this plan pays for Prostatic/Testicular exams.  These charges are billed by the physician for time spent with the patient. Office visits do not include charges for diagnostic, surgical, or medical procedures performed by the physician.  Mental Health Substance Abuse coverage excludes counseling for behavioral disorders.  Independent Diagnostic Testing Facility X-rays & Advanced imaging (e.g., MRI, MRA, PET, CT) Out-Patient Surgical and Diagnostic  Includes outpatient services, miscellaneous medical procedures & supplies, diagnostic & therapeutic procedures and surgery at a physician's office, freestanding surgery center, or hospital (when approved).  Ligent care Visits Urgent care visits include charges for diagnostic, surgical or medical procedures.  Prescription Drugs  If generics are available and a brand name is purchased, then the covered person must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will relimburse only up to the cost of the generic equivalent.	Out-of-Pocket Maximum	apply to the Out-of-Pocket Maximum. An individual with family coverage will only be required to meet the individual out-of-pocket maximum. Eligible claims incurred in the PPO Network apply to the Out-of-Network Out-of-Pocket Maximum; however, the Out-of-Network eligible claims do NOT apply to the PPO
<ul> <li>Primary Care         <ul> <li>Specialist</li> </ul> </li> <li>Mental Health</li></ul>	Preventative Care	Out-of-Network preventive care is not covered. Cost sharing may apply if a specific service is for non-preventive care (even if billed in conjunction with preventative care services.) Although not required under the law, this plan pays for Prostatic/Testicular
<ul> <li>Substance Abuse</li> <li>Independent Diagnostic Testing Facility</li> <li>X-rays &amp; Advanced Imaging (e.g., MRI, MRA, PET, CT)</li> <li>Out-Patient Surgical and Diagnostic</li> <li>Medical Services</li> <li>Facility Charges</li> <li>Includes outpatient services, miscellaneous medical procedures &amp; supplies, diagnostic &amp; therapeutic procedures and surgery at a physician's office, freestanding surgery center, or hospital (when approved).</li> <li>Emergency Services</li> <li>Hospital Emergency Room</li> <li>Urgent care Visits</li> <li>Ambulance - Ground</li> <li>Ambulance - Ground</li> <li>Ambulance - Air</li> </ul> If generics are available and a brand name is purchased, then the covered person must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will reimburse only up to the cost of the generic equivalent. Short-Term Rehabilitation Services	Primary Care	visits do not include charges for diagnostic, surgical, or medical procedures
These charges are billed by an independent facility, separate from any charges billed by the requesting physician.  Out-Patient Surgical and Diagnostic  Includes outpatient services, miscellaneous medical procedures & supplies, diagnostic & therapeutic procedures and surgery at a physician's office, freestanding surgery center, or hospital (when approved).  Emergency Services Hospital Emergency Room Urgent care Visits Ambulance - Ground Medical Services  Hospital Emergency Room Urgent care Visits If generics are available and a brand name is purchased, then the covered person must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will reimburse only up to the cost of the generic equivalent.  Short-Term Rehabilitation Services  Includes therapies performed in the provider's office or non-hospital based		
diagnostic & therapeutic procedures and surgery at a physician's office, freestanding surgery center, or hospital (when approved).  Emergency Services Hospital Emergency Room Urgent care Visits Ambulance - Ground Ambulance - Air  If generics are available and a brand name is purchased, then the covered person must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will reimburse only up to the cost of the generic equivalent.  Short-Term Rehabilitation Services  Includes therapies performed in the provider's office or non-hospital based	X-rays & Advanced Imaging (e.g., MRI, MRA, PET, CT)	
<ul> <li>Hospital Emergency Room</li> <li>Urgent care Visits</li> <li>Ambulance - Ground</li> <li>Ambulance - Air</li> <li>Urgent care visits include charges for diagnostic, surgical or medical procedures.</li> <li>If generics are available and a brand name is purchased, then the covered person must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will reimburse only up to the cost of the generic equivalent.</li> </ul>		diagnostic & therapeutic procedures and surgery at a physician's office, freestanding
Prescription Drugs  must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will reimburse only up to the cost of the generic equivalent.  Short-Term Rehabilitation Services  Includes therapies performed in the provider's office or non-hospital based	<ul><li>Hospital Emergency Room</li><li>Urgent care Visits</li><li>Ambulance - Ground</li></ul>	Urgent care visits include charges for diagnostic, surgical or medical procedures.
Short-Term Renabilitation Services	Prescription Drugs	must pay the copay PLUS the difference in the cost between the generic and the brand-name drug. In the case of the integrated drug plan, the plan will reimburse
facility only.	Short-Term Rehabilitation Services	Includes therapies performed in the provider's office or non-hospital based facility only.

# A Smarter Way To Get Health Benefits





#### **Helping Americans Access Affordable Healthcare**

At USMGU, our mission is simple: to help everyday Americans take back control of their healthcare and reclaim the security, stability, and opportunities they've worked so hard to achieve.

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